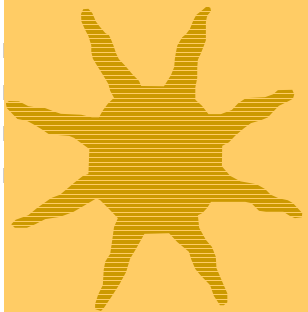
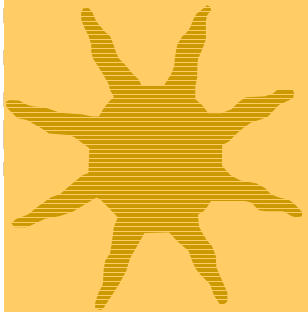




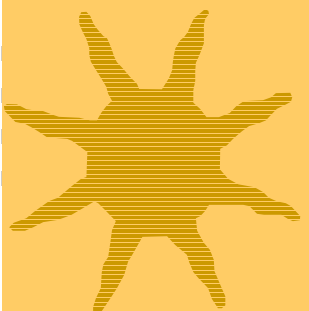
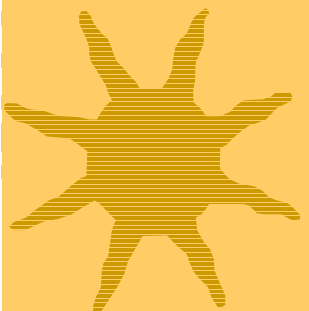
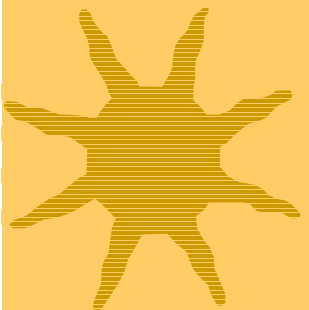
VIII GIORNATA NAZIONALE DEL SOLLIEVO



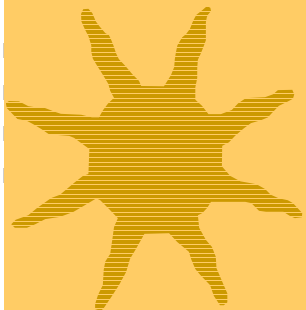
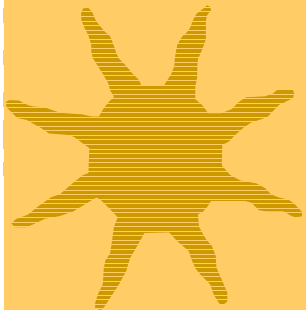
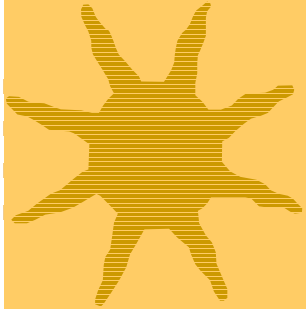
L'Infermiere e la sofferenza del malato



25 maggio 2009 - AFD Marina Meglioranzi



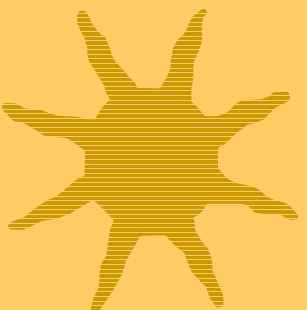
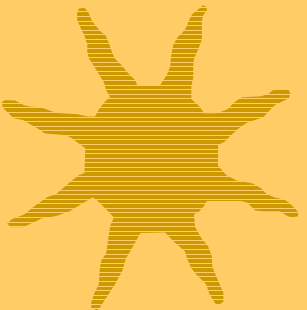
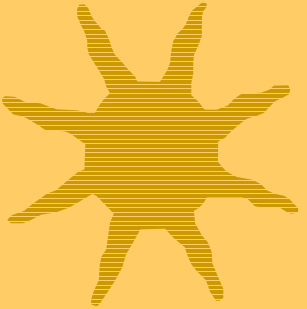
Pensando al rapporto tra infermiere e sofferenza del malato, nella realtà in cui opero, mi sovengono fondamentalmente alcune riflessioni.



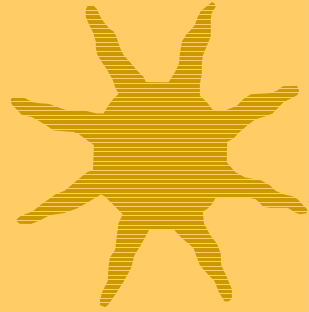
dispnea

Definizione di dolore

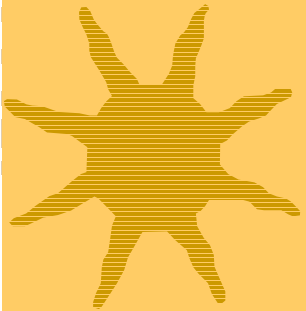
Codice deontologico



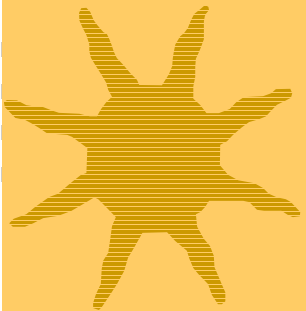
Definizione di dolore



McCaffery definisce il dolore come...

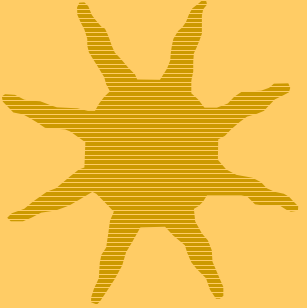


....Qualsiasi cosa la persona che lo prova dice che è ed esiste ogni qual volta la persona dice che è...

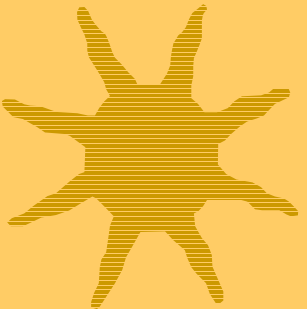




Questo sottolinea:



★ Individuo come unico conoscitore
del proprio dolore



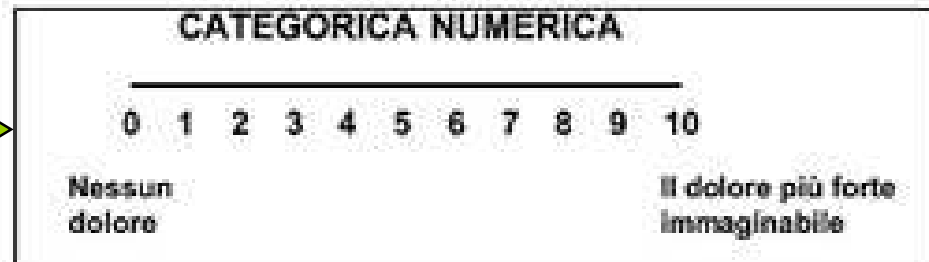
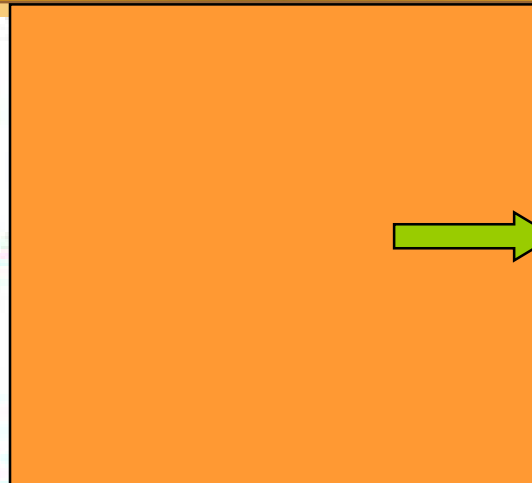
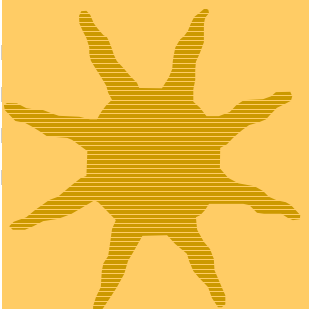
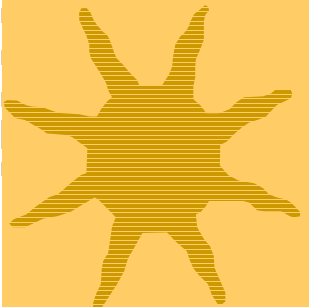
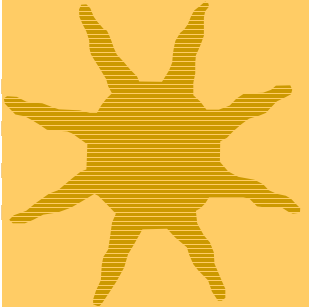
★ Dolore è esperienza più che sintomo



★ Difficile oggettivare



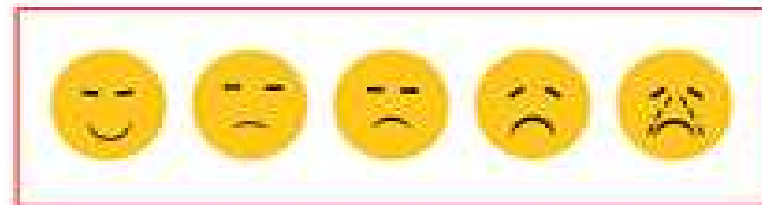
Da parte dell'infermiere vi è un tentativo di rendere oggettiva la rilevazione del dolore attraverso l'utilizzo di scale.



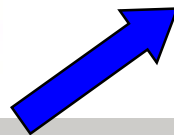
Numerical Rating Scale

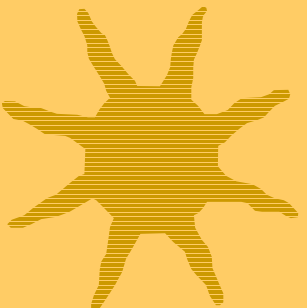
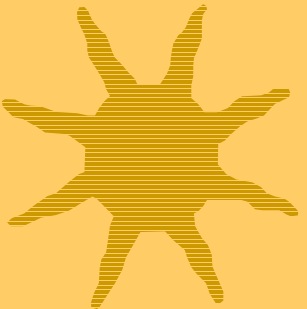
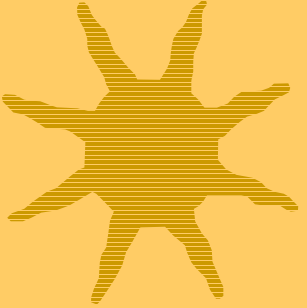
- Nessuno
- Molto lieve
- Lieve
- Moderato
- Forte
- Molto forte

Verbal Rating Scale



Faces Scale

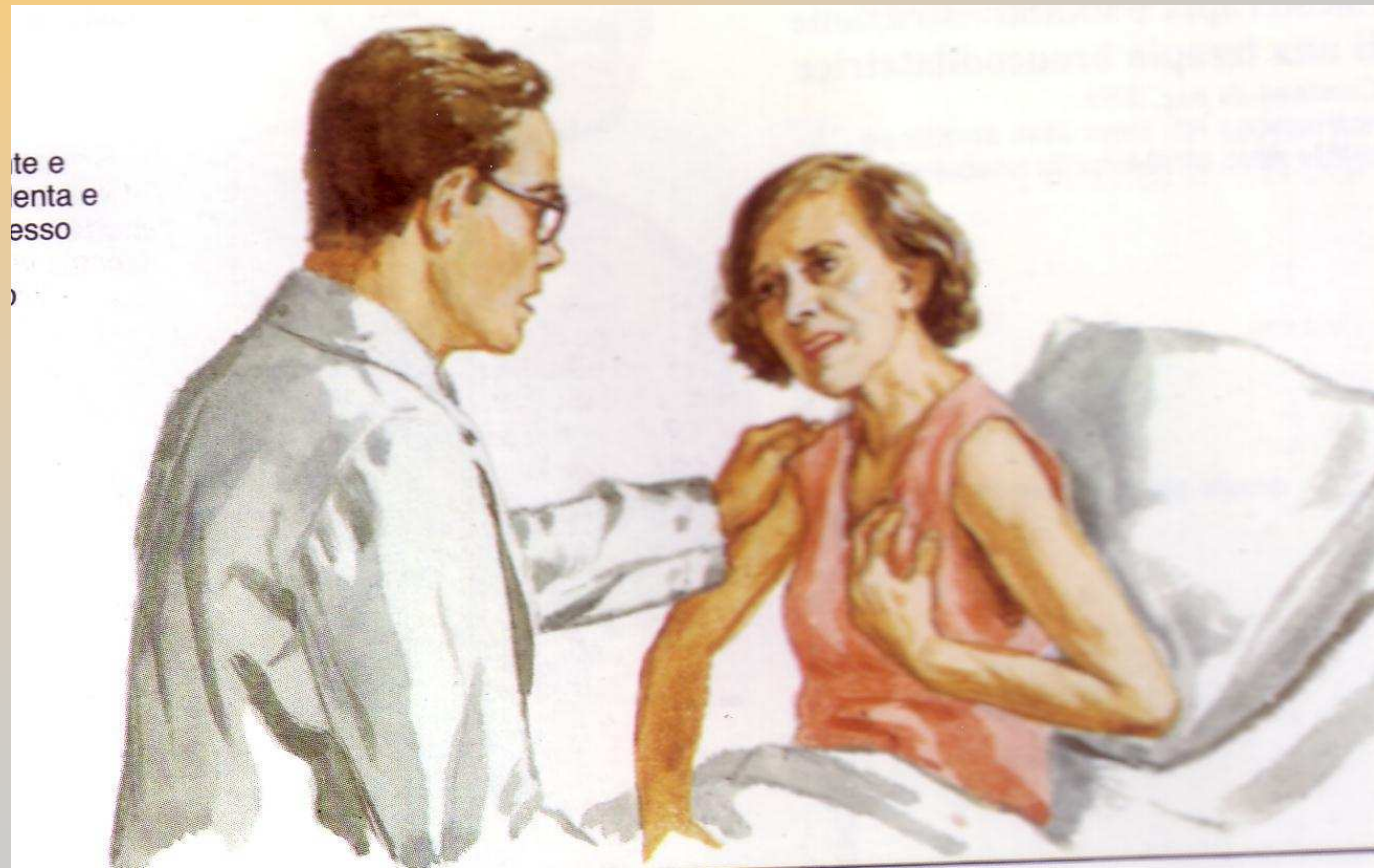
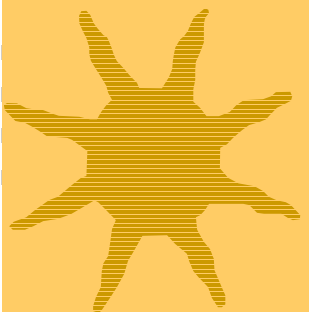
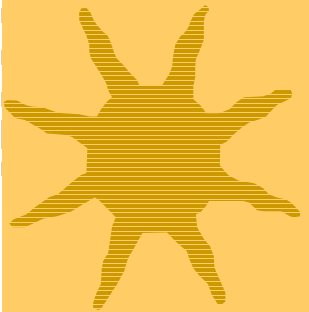
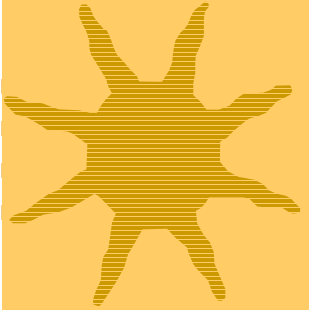


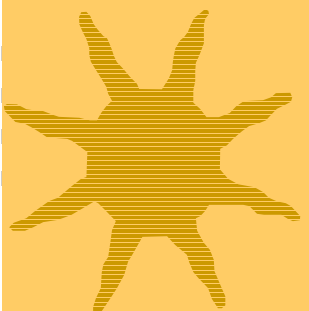
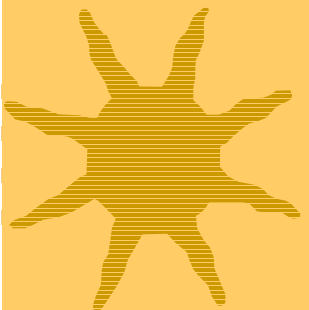


dispnea



dispnea

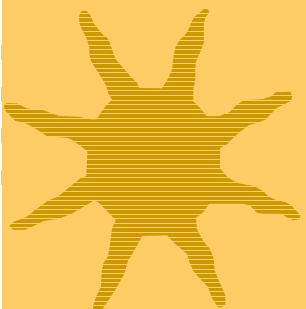
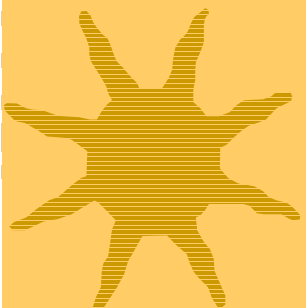




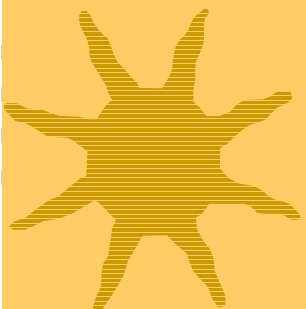
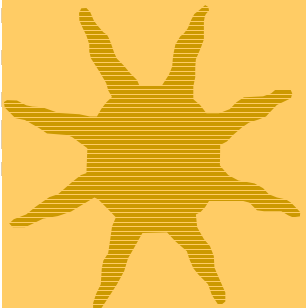
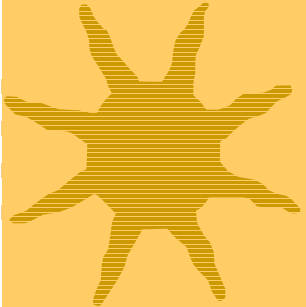
*questo sintomo è caratterizzato dalla sensazione di
“fame d’aria” e dalla paura del malato.*



Nella nostra U.O. viene utilizzata la scala della dispnea per raccogliere informazioni il più oggettive possibili rispetto a questo sintomo



| | | |
|--|---|---------|
| | NO, NESSUNA DISPNEA | GRADO 0 |
| | SI, SALENDO 1 PIANO DI SCALE O FACENDO UNA LEGGERA SALITA | GRADO 1 |
| | SI, CAMMINANDO IN PIANURA NORMALMENTE ALLO STESSO PASSO DI ALTRE PERSONE COETANEE | GRADO 2 |
| | SI, CAMMINANDO DA SOLO NORMALMENTE IN PIANURA | GRADO 3 |
| | SI, SVOLGENDO LE NORMALI ATTIVITA' GIORNALIERE (LAVARSI, VESTIRSI ETC.) | GRADO 4 |
| | NON APPLICABILE | |



Shortness of Breath Modified Borg Dyspnea Scale

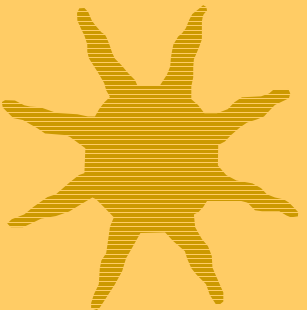
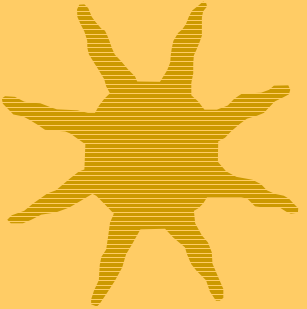
| | |
|-----|-------------------------------------|
| 0 | Nothing at all |
| 0.5 | Very, very slight (just noticeable) |
| 1 | Very slight |
| 2 | Slight |
| 3 | Moderate |
| 4 | Somewhat Severe |
| 5 | Severe |
| 6 | |
| 7 | Very Severe |
| 8 | |
| 9 | Very, very severe (almost maximal) |
| 10 | Maximal |

- TeleRehab™ Advantage Cardiopulmonary Monitoring System
- NICORE™ External Counterpulsation (ECP) Therapy System
- ROZINN™ Diagnostic Cardiology Suite (Holter, Event, ABP)

ScottCare Corporation
4791 West 150th Street
Cleveland, Ohio 44135
A Scott Fetzer, Berkshire Hathaway Company

Phone: 800-243-9412, ext. 116
Fax: 216.267.6129
www.scottcare.com

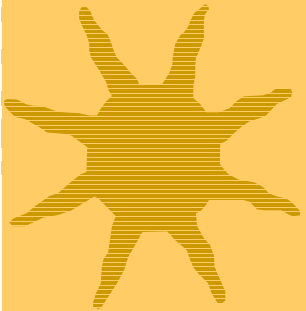




Codice deontologico

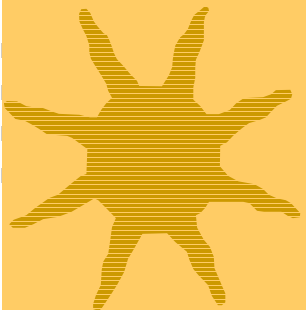


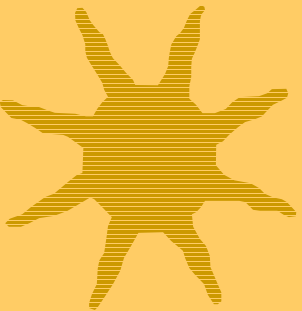
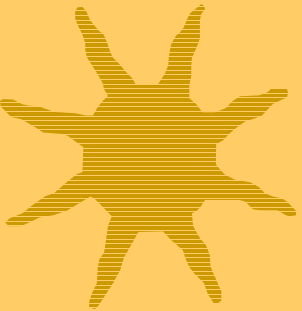
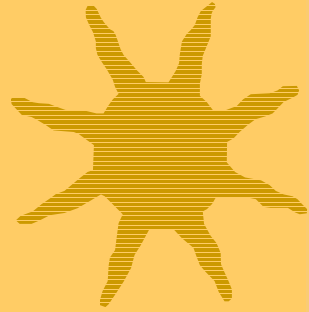
Codice deontologico



Articolo 35

L'infermiere presta assistenza qualunque sia la condizione clinica al termine della vita dell'assistito, riconoscendo l'importanza della palliazione e del *conforto ambientale, fisico, psicologico, relazionale e spirituale*



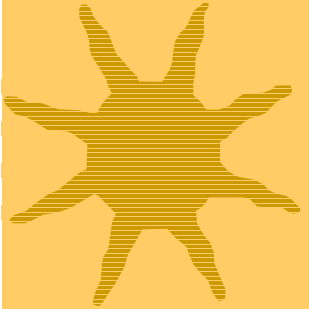


Scelta del modello assistenziale

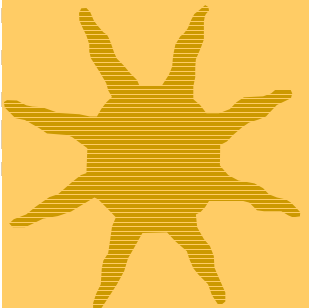
È fondamentale che l'assistenza sia basata sul “prendersi cura”, cioè incentrata sulla persona e sui suoi bisogni reali.



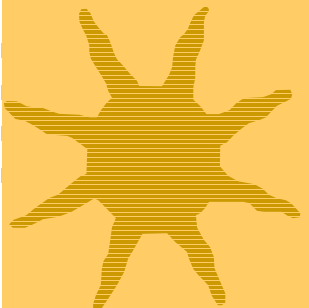
Chi soffre ha bisogni che non sono solo sanitari ma...



★ Umani



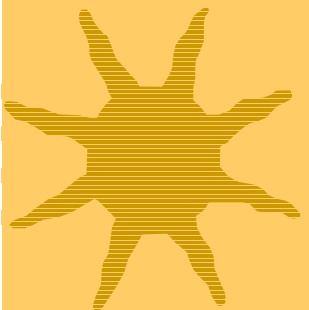
★ Affettivi



★ Spirituali

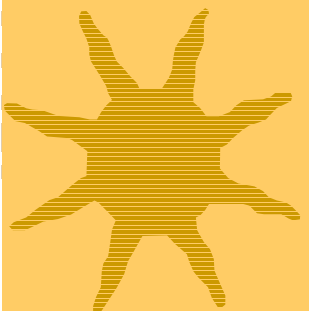


Quando una persona sta terminando la sua vita in ospedale non ha importanti punti di riferimento



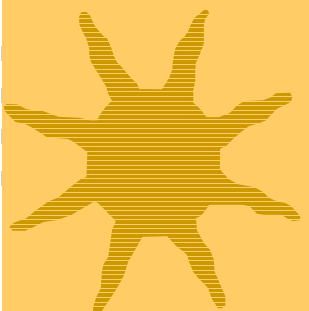
★ La sua casa

★ I suoi ricordi



★ Il profumo del cibo

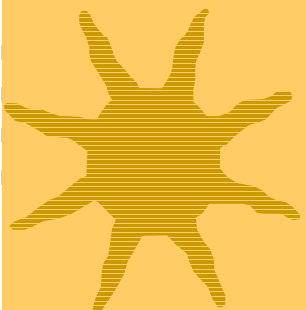
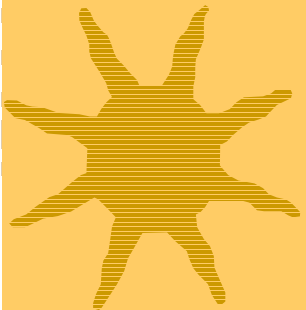
★ Il silenzio della notte



★ Il dormire accanto a chi ama



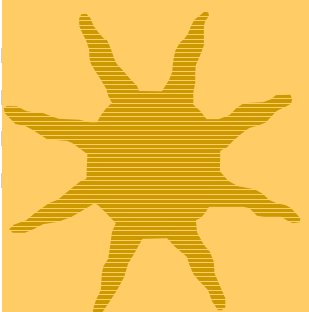
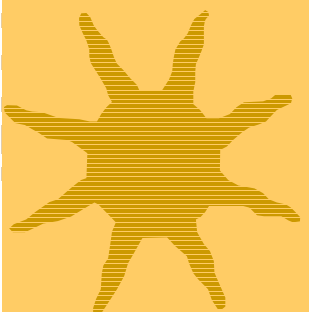
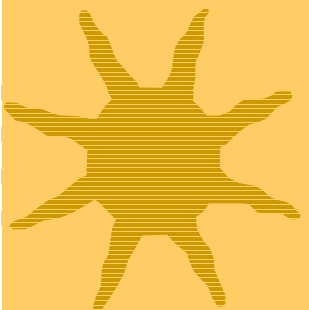
*Il nostro sforzo è quello di cercare di
ricreare un ambiente quanto più
possibile confortevole e familiare*

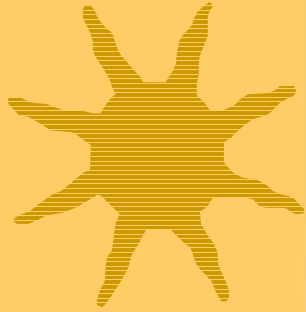


*Dando la possibilità al malato e
alla famiglia di vivere nel miglior
modo possibile una fase della
vita così difficile e delicata*

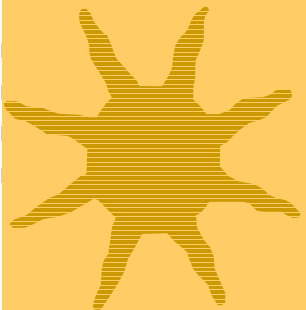
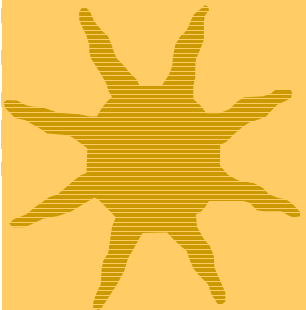


Ecco perché talora ci vedete spostare i letti da una stanza all'altra.....

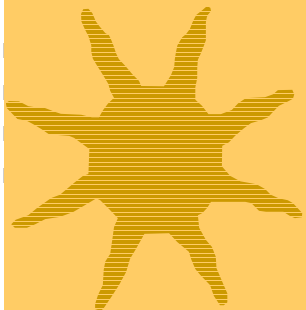
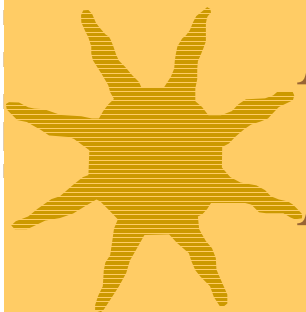
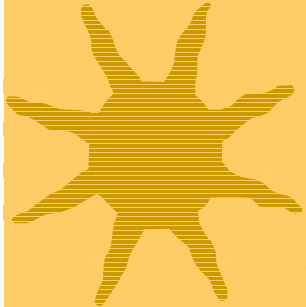




Assistere la persona nella sofferenza e fino al termine della vita è difficile....



*Ma fa parte del ruolo che come Infermieri
abbiamo deciso di rivestire*



*Essere Infermieri è una scelta
professionale ma anche di vita,
poiché incide sul vissuto e
sull'esperienza personale*

Grazie

