



CLINICAL SHEET

INTERNAL MEDICINE/ENDOCRINOLOGY

Department

General Medicine

Specific treatment service provided

Our Unit offers a broad range of general internal medicine and endocrinology subspecialty services.

Our physicians provide primary general internal medicine services treating a variety of disease affecting internal organs and they also provide subspecialty care in endocrinology, such as hormonal illnesses with our care focus ranging from heart disease to diabetes mellitus with our patient population coming mainly from the Veneto Region but also from all over Italy. Our facility is actively engaged in quality improvement initiatives affecting all aspects of patient care.

Our Unit is divided into 3 sections:

Internal medicine ward: in-patient care -where we provide care for patients suffering from diseases of internal organs requiring thorough diagnostic procedures and pharmacological treatments, predominantly for patients with multiple co-morbid illnesses, and in serious clinical conditions (such as in patients suffering from pulmonary embolism , heart failure as well as severe infections-i.e. sepsis, septic shock).

Short stay observation unit –which cares for patients admitted from the emergency room with diseases expected to be effectively managed in a maximum of a 72-hour period (for example: hypertensive urgencies, arrhythmias, minor head trauma, syncope, gastrointestinal bleeding etc). Following the completion of appropriate diagnostic and therapeutic protocols patients will be discharged as soon as stabilized (accounting for 85-87% of the patients) or transferred to ordinary care for further evaluation and treatment (13-15% of patients).

Outpatient care:

Day Hospital for infusion/transfusion therapy Outpatient clinics: -which covers a broad range of internal medicine and hormonal diseases: such as hypertension, diabetes mellitus, diseases of the thyroid and adrenal glands, diseases of the hypophysis, anemias, rheumatological diseases, andrology. The activity ranges from a single outpatient visit to an extensive ambulatory work-up in specific cases (for example: suspected secondary hypertension, metabolic and endocrinological disorders).



Brief description of the diseases treated:

The Unit provides special care for:
Endocrine diseases (thyroid, adrenal, hypophysis, PCOS)
Andrology
Hypertension
Rheumatology
Anemias
Diabetes mellitus and metabolic diseases
Vascular Doppler Ultrasound
Thyroid Ultrasound
24 hour monitoring of arterial blood pressure

Therapeutic approach

In Our Internal Medicine and Short Stay Observation Unit we apply international treatment protocols according to the special clinical setting. We have internal protocols for the work-up of the most frequent conditions admitted from the ER.

In our outpatient care areas the most frequently used therapies are:

transfusion treatment, immunoglobulin treatment, intravenous iron therapy, high dose steroid therapy for thyroid ophthalmopathy, intravenous bisphosphonate therapy in osteoporosis. The Unit is also engaged in numerous educational programs: courses, seminars, symposia. We offer training programs for medical school students (graduating year), residents (internal medicine, emergency medicine, endocrinology, dermatology, nephrology).

Annual cases

We care for over 2350 (including the short stay observation unit) inpatients, and 4200 outpatients each year (3000 in our outpatient facility and 1200 in our DH).



AZIENDA OSPEDALIERA UNIVERSITARIA INTEGRATA VERONA

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